

# Neurofeedback Contract: Payment and Completion

Neurofeedback (NFB), also known as EEG biofeedback is an evidence-based science that has more than 40 years of research and development of protocols. The most common applications for NFB are:

ADD/ADHD	Trauma	Stress	Addiction	Insomnia
Depression	Phobias	Performance	Autism	Increase Energy
PTSD	Brain Injury	Meditation	Relationships	Anxiety

No claims of cure by Neurofeedback therapy are being made or being implied by Aspen Valley Counseling.

We cannot guarantee you will experience the results you expect. There are potential side effects such as headaches, feeling spacey, or feeling uncoordinated, among other things. If you notice any undesirable reactions from the neurofeedback therapy, you need to inform your neurofeedback technician. The undesirable reactions are not permanent but are a possible indication that a part of the brain was possibly over trained, and we need to document those side effects in order to properly attend to your treatment. Alternatives to neurofeedback include medication, talk therapy, and other alternative care options.

Committing to undertake NFB requires a significant time and financial commitment. Aspen Valley Counseling requires a contractual obligation of each client to complete the required sessions in a timely manner. Aspen Valley Counseling also offers installment plans to be paid in a corresponding timely manner.

The cost of 20 sessions is \$1,000. (\$50 per session)

The initial commitment is 20 sessions of Neurofeedback, including an initial evaluation, which are expected to be completed within 10 weeks of the initial session. Patients must commit to complete at least two sessions per week. It is ideal to complete them even more frequently. For example, two NFB sessions can be done back to back during the same visit (unless other recommendations are made) and as frequently as 5 days per week (Monday through Friday).

Payment plan (Please choose one of the following payment plans, and initial next to the payment plan you will follow):

- \$50 per session payable at the time of service
- Aspen Valley will extend terms to \$100 per week for 10 weeks
- \$950 at the time of the first session (\$1,000 with a \$50 discount)

If paid in full (\$1,000) at the time of the first session, there will be a \$50 discount applied to the agreement. At the end of 10 weeks we will automatically bill the remainder of your balance to the card we have on file. If the card is declined and balance is not paid in full after 10 weeks, a 1.5% per month surcharge will be added to any unpaid balance.

All 20 sessions must be completed within 15 weeks from date of first session. If not completed, any unused sessions will be cancelled and client will forfeit any unused credit or is obligated to pay the remaining balance owed.

In signing this agreement, the client commits to completing all of agreed-upon sessions of Neurofeedback in a timely manner and commits to paying the entire committed amount of \$1,000 regardless of completion. There will be reasonable allowances in the events of scheduling and every reasonable accommodation will be provided.

Client Name: \_\_\_\_\_

Date: \_\_\_\_\_

Client Address: \_\_\_\_\_

Client Phone: \_\_\_\_\_

Client email: \_\_\_\_\_

Signature \_\_\_\_\_

Aspen Valley \_\_\_\_\_

(responsible party)